



child accident prevention trust

# One Step Ahead: keeping your child safe at home (0-24 months)

I might **FALL...**

**0-3 months**

...when you carry me.  
**Clear toys away so you don't trip.**



**0-9 months**

...if I roll off the bed.  
**Change my nappy on the floor.**



**6-24 months (and over)**

...from my highchair or pram. **Use a five point harness.**  
...if I climb the stairs. **Use safety gates.**  
...out of the window. **Move things I might climb on away.**  
...out of my cot if I climb on my cot toys. **Take big toys out.**



I might **SUFFOCATE** or get **STRANGLD...**

**0-12 months**

...in duvets and pillows.  
**Don't use them on my bed.**

**10-24 months (and over)**

...on blind or curtain cords.  
**Tie up blind or curtain cords so there's no hanging loop.**

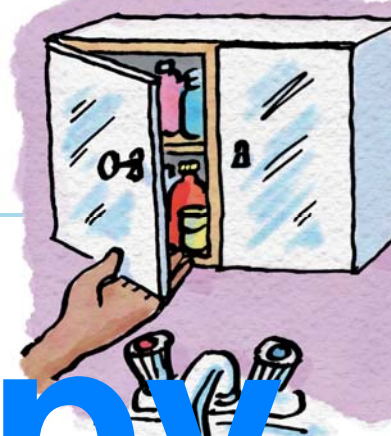
I might get **POISONED...**

**7-24 months (and over)**  
...if I put medicines in my mouth.  
**Put them out of my reach.**



**15-24 months (and over)**

...if I drink cleaning products.  
**Keep them out of reach and sight, ideally locked away.**



I might **DROWN...**

**0-24 months (and over)**

...in only 5 cm of water.  
**Don't leave me alone in the bath.**



**10-24 months (and over)**

...in garden ponds or paddling pools.  
**Don't leave me alone near them.**

I might **CHOKE...**

**0-24 months (and over)**

...if you prop me up to feed.  
**Hold me when I feed.**



**6-24 months (and over)**

...on food that's too big or odd shape. **Please cut it up small.**  
...on small objects, like coins. **Keep them out of my reach.**

I might get **BURNT...**

**0-18 months**

...on hot drinks.  
**Put me down before you pick up yours.**

**0-24 months (and over)**

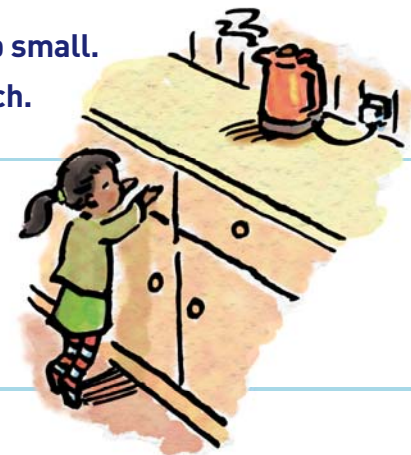
...if you put hot water in the bath first.  
**Always put the cold in first.**

**4-24 months (and over)**

...if I touch your hot hair straighteners. **Keep them and irons out of my reach.**

**7-24 months (and over)**

...if I grab hot drinks, pots or kettles.  
**Keep them out of my reach.**



We might have a **FIRE...**

**Check our smoke alarms are working.**



**Plan how we'll escape in a fire and practise what we should do.**

This chart shows you when you need to begin to think about risks for children 0-24 months.

Birth → 3 months

- I can lift my head.
- I can wriggle and kick.

5 months → 8 months

- I can roll over, reach for things and put things in my mouth.
- I can crawl, open and shut things and sit up on my own.

9 months → 10 months

- I can pick up small things and pull myself up to stand now.
- I can walk if I hold onto the furniture and may be able to climb.

11 months → 13 months

- If you hide something from me I still know it's there.
- I can walk all by myself.

18 months → 24 months

- I like to be like you and do what you do.
- I can unscrew lids now.

